



Flyers Little Gym Classes & Play Sessions

Day	Activity	Time	Age Group	More info	Booking Link
Monday	Preschool Gymnastics Class	9:30-10:15 am	2.5 - 3 years	Structured parent & child gymnastics class for ages 2.5+ Termly bookings only. Trial session permitted.	Click here to book
	Crawl & Climb	10:15-11:30 am	0-20 months	Stay & play for crawlers & early walkers. Drop in or block booking	Click here to book
	Bounce & Play	11:30-12:45pm	16 months - 3 years	Stay & play for confident walkers to toddlers. Drop in or block booking	Click here to book
	Preschool Gymnastics Class	1:15-2pm	3-4 years	Structured gymnastics class. Termly bookings only. Trial session permitted.	Click here to book
	Preschool Gymnastics Class	2:15-3pm	3-4 years	Structured gymnastics class. Termly bookings only. Trial session permitted.	Click here to book
	Preschool Gymnastics Class	4-4:45pm	4 years (in reception)	Structured gymnastics class. Termly bookings only. Trial session permitted.	Click here to book
Tuesday	Preschool Gymnastics Class	9:30-10:15am	2.5-3 years	Structured parent & child gymnastics class for ages 2.5+ Termly bookings only. Trial session permitted.	Click here to book
	Jump & Play	10:15-11:45am	0-3 years	Stay & play for babies & toddlers Drop in or block booking	Click here to book
	Preschool Gymnastics Class	4-4:45pm	4 years (in reception)	This session (only) runs at West Hatch School. Open to children in reception who are still 4 Years and therefore not old enough for Flyers main gym sessions. Termly bookings only. Trial session permitted.	Click here to book
Wednesday	Jump & Play	9:30-11am	0-3 years	Stay & play for babies & toddlers Drop in or block booking	Click here to book
	Preschool Gymnastics Class	11:30-12:15pm	3-4 years	Structured gymnastics class. Termly bookings only. Trial session permitted.	Click here to book

All sessions run at Woodford Ladies Athletics Clubhouse with the exception of the Tuesday 4pm class.

Stay & Play sessions can be booked termly or as a drop in.

For gymnastics classes a trial can be booked but thereafter must be booked termly.

Term dates:
Our sessions run throughout the term time from 11th September - 16th December.

During the half term break, we will have some preschool & baby sessions at the Flyers Big Gym at West Hatch School. Details of these will be posted soon.